

Christine Leigh DiPaolo (She, Her, Hers), MS, LMHC

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Education

Eastern Nazarene College

- Masters in Marriage in Family Therapy, May 2021

North Shore Community College, Danvers, MA

- Associate in Science, Occupational Therapy, May 2007

Stonehill College, Easton, MA

- Bachelor of Arts, Philosophy and the Arts, May 1998

Work Experience

Aspire Health Alliance, Quincy, MA

July 2020-Present

January 1, 2024-Present, Program Director

- Program Director of Aspirer's Discovery Day Treatment, a holistic day program of a census of over 100 clients, offering group therapy, psycho-educational groups, music and expressive arts and occupational therapy.
- Provides supervision and support to staff, clinicians and all members of the interdisciplinary team
- Responsible for the hiring of staff and interns
- Responsible for program development and increasing daily census
- Responsible for program budget
- Provides clinical assessments, insurance authorizations, chart and plan reviews
- Member of the Aspire crisis trauma response team
- Provides culturally competent and LGBTQ2+ affirming care

January 1, 2023-January, Adult Mobile Crisis Intervention Clinical Supervisor

- Supported team of mobile crisis clinicians and triage staff, including conducts training, review of documentation, and participates in establishing protocols.
- Member of the Aspire crisis trauma response team, completed Riverside Psychological First Aide Training
- Responsible for daily reports, Mass Health payer source communication, and DMH expediting of hospital boarding clients.
- Provided support and treatment to Crisis Stabilization clients, including assessments, treatment plans, mental status updates and running of groups.
- Participates in outreach and community events to spread awareness to the community of the Community Behavioral Health Center and available Aspire resources.
- Attended training on suicide prevention and risk assessment.
- Completed Psychological First Aide Training and an active member of the community crisis response team for Aspire Health Alliance

January 2022- January 2023, Mobile and Hospital Based Crisi Clinician

- Provided crisis intervention and stabilization to youth and adults in 24/7 mobile crisis center and hospital ED, referring to the most appropriate level of care.
- Participated in suicide prevention training and outreach to school faculty on Suicide Prevention and trauma response

July 2020-December 2021, Clinical Intern with transition to Staff Outpatient Therapist

- Provided therapeutic counseling services to individuals with a variety of behavioral health needs
- Updated and created client centered treatment plans, progress notes and other relevant documentation using AVATAR Electronic Health Record System, Collaborated with Aspire colleagues and community partners to increase additional support to client's when needed.
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- Provides culturally competent and LGBTQ2+ affirming care

Partners in Health, Boston, MA

April 2020-June 2021, Team Lead Case Investigator

- Provide outreach to Massachusetts residents diagnosed with Covid-19 and their direct contacts to offer support, counsel, and educate on testing and quarantine and refer to necessary resources to assist with needs.
- Provide support, encouragement, and accompaniment during illness as well as monitor symptoms and provide psycho-social care, and data collection.
- Responsible for training and onboarding new staff.
- Attended numerous trainings on public health measures & LGBTQ+ current issues & resources.

Marina Bay Skilled Nursing & Rehabilitation Center, Quincy, MA

August 2011-March 2020, Occupational Therapy Assistant

- Provide patients with medical, cognitive, and orthopedic conditions, occupational therapy treatment to improve functional abilities and increase independence in ALDs and IADLs.
- Educate patients and family members on home modifications and provide equipment needs and provide psychosocial support and community resources.
- Assist in increasing patient's strength, cognition, sequencing, coordination, balance, and perceptual skills, using occupational therapy-based interventions.
- Monitor vitals and communicate with medical team.
- Participate in patient care plan meetings to update team and organize proper discharge plan.
- Speaker for community outreach programs.
- Fieldwork Supervisor for North Shore Community College Occupational Therapy Student.

Supplemental Health Care, Woburn, MA

October 2010 – August 2011. Occupational Therapy Assistant

- Providing contract Certified Occupational Therapy Assistant services for various skilled nursing facilities. Contracts included Eden, Kindred and Health Bridge facilities.
- Creator of adaptive sports participation and horticultural therapy program at Presentation Manor in Brighton, Massachusetts during placement

Beverly Hospital, Beverly, MA

February 2008 – October 2010, Occupational Therapy Assistant

- Responsible for providing Occupational Therapy services to postoperative, joint replacement, medical complex, stroke, cardiac, pulmonary and neonate patients in the acute care setting.
- Conducted hospital wide in-services on Occupational Therapy in the acute care setting to educate physicians, social workers, and nursing staff on the benefits of occupational therapy.
- Assisted patients, caregivers and case management team with discharge planning and appropriate post-acute care placement.
- Responsible for the daily notes, progress reports and update goals as needed for individuals requiring OT services.
- Provided infant massage instruction to parents of infants in the special care nursery and teacher of community infant massage classes.

- Beverly Hospital Ambassador & Patient Relations member: providing outreach to patients and participation in community events as a direct representative of Beverly Hospital.
- Member of the Board of Ethics Committee & Service Excellence education